

# BLOOD PRESSURE READINGS

Every Wednesday you have the opportunity to have your blood pressure taken by trained volunteers here at the Oak Park Community Center. While this does not replace having it done in your doctors office, it is available for those of you who need to keep your blood pressure monitored on a regular basis in between your scheduled appointments with your physician.

**10:00 am-11:00 am**  
**Wednesdays**

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OAK PARK, MI 48237

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MONDAY – FRIDAY 8AM – 5PM